

This institution is an equal opportunity provider.

Menus are subject to change without notice

Meal Price: Reduced student: \$.40 Paid student: \$1.75. *Extra milk: \$.40*



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

BBQ Sandwich
Coleslaw
Baked Beans
Fruit
Milk Choice

7

Hot Dog
Steamed Broccoli
Celery, Cauliflower & Red Bell
Peppers w/Ranch
Fruit Milk Choice
Baked Chips (7-12th only)

8

Chicken Nuggets
Mashed Potatoes
Green Beans
W/G Roll
Fruit
Milk Choice

2

Spaghetti w/Garlic Bread
Tossed Salad w/Ranch
Green Beans
Fruit
Milk Choices

9

Beef Taco
Cheese, Lettuce & tomatoes
Refried Beans
Tortilla Chips & Salsa
Fruit
Milk Choice

3

Fish Sticks
Mac & Cheese
Green Sweet Peas
Baby Carrots
Fruit
Milk Choice

10

Pepperoni Pizza
Tossed Salad w/Ranch
Seasoned Corn
No Bake Cookie
Fruit
Milk Choice

4

Cheeseburger
Lettuce & Tomatoes
French Fries
Fruit
Milk Choice

11

Cheese Pizza
Tossed Salad w/Ranch
Cherry Tomatoes
Seasoned Corn
Fruit Milk Choice
Crispy Treat (7-12th only)

14

Chicken Strips
Mashed Potatoes/Gravy
Green Beans
W/G Roll
Fruit
Milk Choice

15

Lasagna
Tossed Salad w/Ranch
California Blend Veggies
Garlic Bread Stick w/Marinara
Fruit
Milk Choice

16

Burrito
Lettuce, Tomatoes & Cheese
Pinto Beans
Tortilla Chips & Salsa
Fruit
Milk Choice

17

Hamburger
Lettuce & Tomatoes
French Fries
Fresh Broccoli w/Ranch
Fruit
Milk Choice

18

Salisbury Steak w/Brown G
Mashed Potatoes
Green Beans
W/G Roll
Fruit
Milk Choice

21

Ham & Cheese Sandwich
Lettuce & Tomatoes
Baby Carrots &
Cucumbers w/Ranch
Pork & Beans
Fruit
Milk Choice

22

Stromboli
Fresh Broccoli
White Beans
Steamed Carrots
Fruit
Milk Choice

23

Meatball Marinara Sub w/
Mozzarella Cheese
Baked Chips
Tossed Salad w/Ranch
Celery Sticks
Fruit
Milk Choice

24

Bacon Cheeseburger
Lettuce & Tomatoes
French Fries
Fruit
Milk Choice

25

Cowboy Cavitini
Baby Carrots
Tossed Salad w/Ranch
Bosco Stick w/Marinara
Fruit
Milk Choice

28

Nachos
Tortilla Chips & Salsa
Refried Beans
Mexicali Corn
Fruit
Milk Choice

29

Meatloaf
Mashed Potatoes
Broccoli w/Cheese
Steamed Carrots
W/G Roll
Fruit
Milk Choice

30

Manager's Choice

31

