

# Usual Activities During . . .

## 1 Month

Your Child's  
Age

- Able to raise head from surface when lying on tummy .....
- Pays attention to someone's face in his or her direct line of vision.....
- Moves arms and legs.....
- Responds to noises such as a bell .....

## 3 Months

- Able to hold head still when held in sitting position .....
- Babbles, laughs, squeals .....
- Brings hands together.....

## 5 Months

- Holds objects .....
- Stretches out arms to be picked up .....
- Looks at small objects .....
- Turns to a rattling sound .....
- Rolls over back to stomach.....

## 7 Months

- Can transfer object from one hand to the other.....
- Can sit for a few minutes without support .....
- Imitates speech sounds .....
- Looks for objects such as yarn.....

## 9 Months

- Waves bye-bye .....
- Can get to sitting position.....
- Jabbers.....
- Can pull self up to standing.....

## 11 Months

- Plays pat-a-cake.....
- Stands independently for two seconds .....
- Indicates wants .....

## 2 Months

Your Child's  
Age

- Smiles and coos .....
- Says ooo and aah sounds .....
- Holds head up when lying on tummy .....

## 4 Months

- Grasps a rattle .....
- No head lag when pulled to sitting position.....
- Follows moving object .....
- Bears weight on legs .....

## 6 Months

- Turns toward sounds or a voice .....
- Reaches for objects out of his or her reach.....
- Imitates speech sounds .....
- Feeds self finger food (cracker, cookies).....

## 8 Months

- Combines syllables.....
- Takes two small objects .....
- Stands holding onto support .....
- Says Mama, Dada.....

## 10 Months

- Bangs two cubes held in hands .....
- Picks things up with thumb and finger .....

## 12 Months

- Plays ball with partner.....

# 15 Months

Your Child's Age

- Walks by self .....
- Scribbles on paper .....
- Puts blocks in a cup .....
- Stands alone .....
- Uses one to two words .....
- Imitates activities .....

# 18 Months

Your Child's Age

- Can build a tower with two blocks .....
- Can say three words .....
- Drinks from cup held in both hands .....
- Likes to help a parent .....
- Walks backwards .....
- Runs .....

# 2 Years

- Points to six body parts .....
- Removes clothes .....
- Combines words .....
- Throws ball overhead .....
- Names one picture .....
- Walks up and down stairs .....

# 3 Years

- Washes and dries hands .....
- Names a friend .....
- Puts on clothing with assistance .....
- Knows the meaning of words like hot, run, talk, hungry, sleepy .....
- Brushes teeth with help .....
- Speech is understandable half of the time .....

# 4 Years

- Can copy a circle .....
- Hops in place .....
- Tells use of three objects (i.e. telephone) .....
- Names one color .....
- Understands words like in, on, under .....

# 5 Years

- Counts five blocks .....
- Prepares own cereal .....
- Plays board/card games .....
- Names four colors .....
- Defines simple words (ball, house banana) .....
- Draws person with three body parts .....

This guide shows the normal signs of growth in a young child as determined by the Denver Developmental Screening Test II. Many children develop faster than the guide indicates. Those who develop slower than this, however, may have special needs. Services for children ages Birth - 5 are provided throughout the state.

**REMEMBER:** The earlier you recognize your child's special needs and seek help, the better the possibilities are for your child to improve or overcome the problem.

**ACT NOW!**



# Developmental Checklist for Young Children

birth to 5 years