

December 2017

Cross County School District



Meal Prices: Reduced student: .30 cents. Paid student: \$1.00 . Adults \$2.10.

USDA is an equal opportunity employer.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday



Thursday

Friday

Stromboli **4**
Tossed Salad
Cauliflower/Ranch
Pineapples
Milk

Spaghetti/Meat Sauce **5**
Broccoli
Carrots/Celery
Bread Sticks
Mandarin Oranges
Milk

Chili **6**
Grilled Cheese Sandwich
Pinto Beans
Cinnamon Roll
Applesauce
Milk

Sloppy Joe **7**
Cole Slaw
Cucumber Slices
Mixed Fruit
Milk

Cheeseburger **8**
Hash Browns
Lettuce/Tomatoes
Banana
Milk

Taco Salad **11**
Refried Beans
Applesauce
Cinnamon Roll
Milk

Hot Dog **12**
Fresh Broccoli /Ranch
Baked Chips
Orange
Milk

Pepperoni Pizza **13**
Tossed Salad
Carrots/Celery
Mixed Fruit
Milk

Baked Ham **14**
Green Beans
Mashed Potatoes
Whole Wheat Roll
Cantaloupe and Milk

Hamburger **15**
Potato Wedges
Lettuce/Tomatoes
Apple Wedges
Milk

Corn Dog **18**
Baked Chips
Cherry Tomatoes
Banana
Milk

Managers Choice **19**

Christmas Vacation **20**

Christmas Vacation **21**

Christmas Vacation **22**

Christmas Vacation **25**

Christmas Vacation **26**

Christmas Vacation **27**

Christmas Vacation **28**

Christmas Vacation **29**